



euro-TC operational office, Beatrixgasse 6/20, 1030 Vienna, Austria

Minutes

International Seminar "Success in Drug Treatment in Europe" and General Assembly

Berlin 4. - 5. September 2015, Charité

- Presentations:

Univ. Prof. Dr. med. Andreas Ströhle, Charité Berlin, Klinik für Psychiatrie und Psychotherapie Campus Charité Mitte:
"Körperliche Aktivität und Sport in der Entstehung und Behandlung psychischer Erkrankungen"

Dr. Ulrich Eggens, Deutsche Rentenversicherung Berlin-Brandenburg, Abteilung Rehabilitation und Gesundheitsförderung:
"Bewegungs- und Sporttherapie in der Rehabilitation der Deutschen Rentenversicherung"

Moritz Petzold, Dipl. Psychologe, Charité Berlin, Klinik für Psychiatrie und Psychotherapie Campus Charité Mitte:
"Motivation und Volition bezüglich körperlicher Aktivität bei psychischen Erkrankungen"

Dr. Thomas Legl, Therapiesalonim Wald, Reichenau/ Österreich, Vorsitzender Euro-TC, Fachvortrag:
"Aktivierende Maßnahmen und Outdooraktivitäten in der Suchttherapie"

Janina Wischnewski, Dipl. Psychologin, Ltd. Psychologin Suchttherapiezentrum Die Pfalzburger THBB:
"Studiendesign für eine randomisiert-kontrollierte Studie zur Überprüfung der Wirksamkeit von Sport bei Patienten mit Abhängigkeitserkrankungen"

Dr. Karsten Henkel, Universitätsklinikum Aachen, Klinik für Psychiatrie, Psychotherapie und Psychosomatik:

"Suchtverlagerung im Zusammenhang mit Leistungssport"

- Seminar on the topic of substitution within the framework of residential addiction therapy by **Johannes Schönthal**
Discussion moderated by **Paolo Stocco**

Presentation

Project SURE/ SURE+

SURE (for the ones who want to get clean from substitutes) and
SURE+ (for the ones who want or have to stay substituted)
one needs a big motivation to get into the programme

Johannes presents the positive results, which are discussed and compared with results and experience from the other member countries

Minutes General Assembly Berlin

AGENDA

- Adoption of Minutes Karlsruhe
- Adoption of Agenda
- Welcome
- Report of president
- Report of treasurer
- Membership - non-paying members - change of membership
- Possibilities to increase membership to reach coverage of 15 EU countries
- New members - adoption of Arco Iris and Rebirth Society (cooperative member non-Europe)
- International cooperation
- Miscellaneous

- Adoption of Minutes Karlsruhe
The minutes of Karlsruhe are unanimously adopted
- Adoption of Agenda
The agenda is unanimously adopted
- Welcome
- Report of president

We have good initiatives, e.g. in Portugal, mother children seminar, excellent organisation by member Ana Jovem we had highlevel speakers, but there were no Euro-TC members present (except the board)

Now that we don't have funding anymore, members don't join seminars probably because they have to pay for their expenses

It's necessary that whoever organizes locally has a lot of contacts, so local organizations will join the seminar, conference etc., to have enough participants.

We have to try to get new funds

- Operating grants are gone, new ones are almost impossible to get

- Problems with responsibility of members to pay their fees (some of the members didn't pay for years)

- Report of treasurer

Christian Heise speaks about the financial situation

Proposal: Keep non-paying members as associated members (for free). Meaning that the non-paying full members can become associate members but still stay members.

We have to foster our members!

If we can manage to apply for grants in ERASMUS+ there would be a good future for Euro-TC

Thomas Legl suggests to write off the debts of the balance of former full members.

Some members don't react, but half of the members are at least willing to pay the fees .

- Membership - non paying members -change of membership

Associated Membership could be for free. Meaning that the non-paying full members can become associate members but still stay members.They have to formally agree on paper.Non-paying member will be informed that their status of full member is changed automatically to associated member and all their debts will be written off.

The proposal is Unanimously accepted.

- Change of name (proposals from board)

European Organizations for Addiction and Mental Health

OR

Professional Centers for Addiction, Mental Health, Social inclusion

OR

International Forum for mental health, addiction and social inclusion

OR

Leave the Name Euro-TC with new Explanation:

- European Treatment and Counseling for Mental Health, Addiction and Social Inclusion

- European Treatment Centers for Prevention, Mental Health, Addiction and Social Inclusion

Dependence instead of addiction??

Paolo Stocco suggests to have an ongoing doodle conversation about the name

Euro-TC wants to change the name, open up to mental health, open up to centers outside the context of drug treatment (prevention, outpatient programs, mental health) and maybe open up to outside of Europe and recreate a context for international partners- e.g. after ICAA is not really active any more.

- Possibilities to increase membership to reach coverage of 15 EU countries

Countries could be Greece, Belgium, England, Malta, Denmark, Netherlands, Bulgaria, Luxemburg, Slovenia, Latvia, Estonia, Czech Republic and outside of the EU Norway

Fernando Mendes proposes a new philosophy of the organization

Euro-TC president Thomas Legl will write a letter of invitation to become an associate member or full member. He will send it to everybody present so they can invite their contacts.

Euro-TC wants to open up to mental health, so not only Treatment Centers are able to become a member

Euro-TC could create an umbrella: Euro-TC with another new organization for mental health

Another possibility could be to reward members for acquiring new members by reducing their membership fee

- New members - adoption of Arco Iris and Rebirth Society (cooperative member non Europe)

New members are adopted unanimously

Rebirth Society invited Euro-TC to organize a conference and Workshop about Substitution, Treatment System, Administration, ...in Iran

- International cooperation
Euro-TC is again a member Civil Society Forum
Euro-TC is a member of NGO committee (not on a very active level but still)

- Future activities

New Board Meeting on 15th of January in Zagreb

New Seminar in April/May or September/Oktober in Croatia

Working title:

Mother and children: Abuse of New Synthetic Drugs and Pregnancy, Breast Feeding, Motherhood and Responsibility of Institutions, New Research

Application for ERASMUS+ and Mental Health

Organisation and Holding of Seminar in Iran

- Miscellaneous

- We need another board meeting before Croatia again in Zagreb in December or January → New Board Meeting on 15th of January in Zagreb

- Horst Bröhmer is project leader for ongoing mother and children seminar
This is adopted unanimously

- FIRE (Trondheim) are unanimously adopted as members